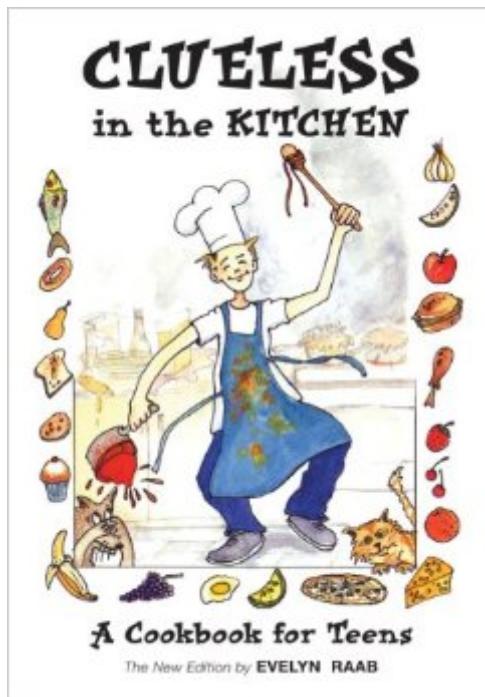


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# Clueless In The Kitchen: A Cookbook For Teens (The Clueless Series)



## Synopsis

This thorough and witty culinary guide demystifies the kitchen and its contents for young adults and anyone who's found themselves in front of a full fridge exclaiming, "There's nothing to eat here!" With 200 easy-to-follow recipes, Evelyn Raab shows the culinary neophyte how to make all kinds of simple and scrumptious dishes for every meal and occasion. Revised for a new generation of students, this amusing cookbook focuses on creating whole, healthy foods using fresh ingredients. Recipes are coded with easy-to-understand icons and symbols that sort each dish into categories, such as vegetarian meals, cheap eats, couch potato, mom and family food, and cooking to impress. *Clueless in the Kitchen* includes informative and entertaining chapters on: The Kitchen -- a guide to alien territory Shopping -- you can't cook if you don't have it! Salads, soups and side things Meat dishes (beef, chicken and other critters) Vegetarian options Egg, fish and pasta entrees Baking and desserts Snacks and munchies. The book also features information and advice on meal planning, a glossary, a conversion chart and a handy index. Whether living on their own for the very first time or just on their own for dinner, *Clueless in the Kitchen* is the only guide novice cooks need to create an interesting, easy, delicious and nutritious meal.

## Book Information

Series: The Clueless series

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## Customer Reviews

I'm just an average thirtysomething, juggling a career, social life, and mad video game habit. Cooking isn't all that high on my list of priorities, but eating out 5-8 times a week is getting boring and expensive. This book is absolutely perfect if you're like me. The recipes are easy to follow,

relatively quick to make, and use inexpensive everyday ingredients. Don't let the simplicity of the recipes fool you, though, the food tastes fantastic! There's a good amount of pictures and charts to help you with things like how to slice every kind of vegetable, carving poultry, and demystifying how to use different cuts of beef. I found this book to be an absolute lifesaver and has made me less intimidated about trying new things in the kitchen or tackling some gnarly hardcore recipe. Although this book appears to be geared towards mothers who will pack this book off with their sons/daughters going off to college, I would highly recommend it to anyone who's just starting out in learning culinary skills, or like me, someone who just wants some simple, easy, great tasting food!

I bought this book for my teen brother and it's really good. This past weekend we made some of the stuff and it actually turned out right and it tasted really good. Our parents even loved the food. Try the Rotini pasta dish and the Honey Garlic Chicken Wings. Good gift for anyone young or old. Finally now my brother can cook himself, instead of having someone do it for him! Even though there were no pictures the instructions and general book was easy to use. Good tips in this book. Since my brother is bringing this up to college with him I'm getting another for myself.

Even though the book is written for teens, it has been great for me. I'm in my thirties and I hate cooking. I made three of the recipes out of this book already and my husband ate them! I'm so excited because now my husband can wash the pots & pans. Seriously, this book is great because the author takes you through the recipes with easy instructions for extreme beginners like me. In no other cookbook have I found recipes for simple things like meatballs. In the back there is also a section with menu for entertaining. Hooray for Evelyn Raab!

I was drawn to this by the name and the drawing on the cover - both of which I believe are "deceiving." I bought it for my 13 y.o. son, who is only a bit interested in cooking but is truly totally clueless about it. I read reviews but apparently I already had a bias of what I expected. I expected quite a few pictures (even if they were just drawings) and there are basically none. I expected easy, quick things that typical teenagers would be drawn to. But things like pineapple upside-down cake, bread pudding, fettuccine with asparagus, eggplant pasta sauce, cooking a turkey, lamb stew, mushroom risotto... Really?! Unless I'm really out of touch, I don't believe these are recipes most teens would be drawn to. With that said, I think this is a neat little cookbook for maybe a newlywed or someone just starting out in doing some "serious" meal preparation, beyond microwaving and fast foods. There's a lot of good basic information -- but much more than your average teen would care

about. It would be great for a teen who has a pretty strong interest in really learning about foods and cooking, but most teens that already have that interest are not "clueless in the kitchen." So, I'd give it more stars if it were what I expected, but it just isn't.

I bought this cookbook in junior high and I have loved it since. Evelyn Raab wrote the recipes in a way so that they weren't intimidating for a beginning cook. In fact it's much like receiving advice on cooking from a trusted friend. She wants you to succeed and writes in a way that makes you feel like you really can. It helped me get started with my cooking and four years later I'm still using it regularly. I highly recommend this book whether you're just starting or you've already amassed a large collection of cookbooks. No collection would be truly complete without this one.

Are you looking for a cookbook that doesn't include things like "Old Fahioned Hand Dried Pressed oregano on a Steam Baked Fowl". It's time for us all to enjoy everything from "Idiot-proof Chocolate Cake" to "Curry Glazed Chicken" to "Apple Crisp". This book is incredibly simple to use. It does not throw you into the wildly complicated world of cooking. It helps you with the basics. It is well organized, and has good tips for beginners. It even tells you how to shop and do common kitchen appliance maintenance. Organization is helpful in this book made for the beginning chef. It is divided into sections, each informative and humorous. Indexes and lists of tips and facts only add to the appeal of this book. This book's recipes are simple and easy to make. However, this does not mean the recipes are plain or do not turn out well. You will get countless complements on this food when taken to potlucks. Enjoy Clueless in the Kitchen, it is an excellent buy that will teach you how to cook. Get it today, your taste buds will thank you.

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